

TOTALCARE Living

Newsletter Quarter 1 2019



TOTALCARE Living would like to wish all our residents, their families and all our employees a Happy Easter!

TOTALCARE Head Office would like to especially mention our employees in this newsletter, thanking them for all their hard work, dedication and loyalty.

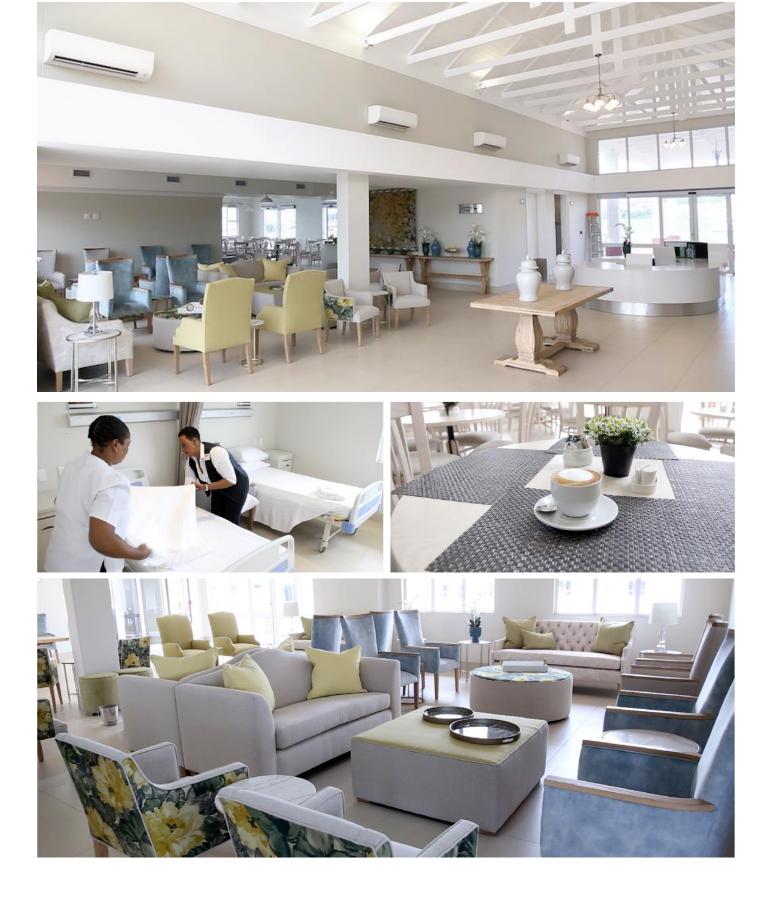
Our employees are pivotal in ensuring that your family members receive the best care and compassion.

Enjoy our newsletter and feel free to send any feedback to newsdesk@totalcaresa.co.za

It was an eventful first quarter at TOTALCARE and we are proud to highlight a few occasions.

MOUNT EDGECOMBE RETIREMENT VILLAGE

TOTALCARE have worked tirelessly to ensure the successful launch of our newest addition to the TOTALCARE Portfolio. Mount Edgecombe Care Centre have officially opened its doors on 1 April 2019. We have also welcomed our first residents at this facility!



TOTALCARE AWARD CEREMONY

TOTALCARE owes its success to the dedicated and loyal employees who have ensured that all our residents receive the utmost care and consideration. It is our policy to reward employees who have been with us for a decade and we are proudly sharing photos of the Awards Ceremony held at each facility.









BELENOIS DEMENTIA UNIT

The building has commenced at Belenois Retirement Village for the new 48 bed, specialist Dementia and Alzheimer unit. We aim to open this new addition by September 2019.

TOTALCARE EXHIBIT

Our Assisted Living and Care services were successfully promoted at a sporting event during the month of March.



KYKNET AND GETROUD MET RUGBY STARS VISIT HUIS HOËVELD



TOTALCARE SUPPORT SERVICES

Our residents enjoy and benefit tremendously from the services and activities we offer at our facilities. TOTALCARE currently offer the below services as well as activities which are presented on an informal basis such as arts and crafts, games, puzzles, coloring and reading, to name but a few.

We reiterate the support services and entertainment we offer at our facilities. Feel free to contact the facility manager for more information.

| Facility | | Support Services | | | | | | | | | | | | |
|--------------------|---------------------|-------------------|---|---------------------------|-------------------------|--------------|------------|--------------------|-------|---------------------------|--|---|-----------------|----------------------|
| | Care Companion | Bio-kinetics | Physiotherapist | Occupational Therapist | General Practitioner | Hairdresser | Guitar | Piano | Music | Other music services | Specialised (treatment of movement disorders) | Bible study | Podiatrist | Hearing Screening |
| Belenois | Leoni Kruger | Caitlin Tracey | Irma Steyn | | Dr Carina Venter | Celia | Ray Mic | Donna | lvan | Rezonance Music School | Irene Nowak | | | |
| Belle Rio | Sharon Wagener | | | Lise-Mari | Dr Ingrid Scholtz | Wilmari | | | | | | Ds Liezl | | |
| La Vie Nouvelle | | Caitlin Tracy | Kate Lamberti | Megan | Dr Patel | Cindy | | | Ivan | | | Gudrun Kuschke | | |
| Huis Hoëveld | | Caitlin Tracey | Lynn | | Dr Patel | Lilly Parker | Ray Mic | | Ivan | | | Different Religion Church Services | | |
| St Michaels | Betty Tshabalala | Caitlin Tracey | Irma Steyn | | Dr. Patel | llsa / Anne | Ray Mic | Marcelle Mulder | Ivan | | | | Belinda Cole | Nadine Botha |
| Waterfall Hills | | Caitlin Tracey | Kerushar Kataih and Deon Serfontein | Kendal Grealy | Dr Patel | Diana | Ray Mic | | lvan | | | Presby- terian Church | | |
| MERV | | | | | Dr Theron | | Micky | | | | | | | |

IN CONCLUSION

TOTALCARE Living would like to thank our employees that play an integral role in facilitating the happiness and wellbeing of our residents. Please contact us should

you have any queries or require any additional information.

www.totalcaresa.co.za

newsdesk@totalcaresa.co.za

Facilities contact details follows on the next page

TOTALCARE CONTACT DETAILS

Belenois Retirement Village

Krugersdorp - Johannesburg

| Belenois Retirement Village | Reception | 087 897 4813 | |
|-----------------------------|-----------------|--------------|---------------------------------|
| Facility Manager | Karin Venter | 072 429 4897 | belenoisadmin@totalcaresa.co.za |
| Nursing Manager | Esme van Vuuren | 071 385 4251 | belenois@totalcaresa.co.za |
| Care Companion | Leonie Kruger | 082 927 8508 | |

Belle Rio Lifestyle Estate

Upington

| Belle Rio Lifestyle Estate | Reception | 054 050 1040 | bellerio@totalcaresa.co.za |
|----------------------------|------------------------|--------------|----------------------------|
| Facility Manager | Lise Mari van der Watt | 087 630 0172 | |
| Nursing Manager | Marinda du Plessis | 072 074 5088 | |
| Care Companion | Sharron Wagener | 076 696 7574 | |
| Accountant | Katryn Nel | 011 675 4208 | katryn@totalcaresa.co.za |

Huis Hoëveld

Albertville - Johannesburg

| Huis Hoëveld | Reception | 011 673 2045 | |
|------------------|-----------------|--------------|------------------------------------|
| Facility Manager | Erna Meintjes | 082 895 1852 | huishoeveldadmin@totalcaresa.co.za |
| Nursing Manager | Petra Swanepoel | 011 673 2045 | petra@totalcaresa.co.za |

La Vie Nouvelle Lifestyle Estate

Broadacres - Johannesburg

| La Vie Nouvelle | Enquiries | 086 113 0456 | lavieadmin@totalcaresa.co.za |
|------------------|--------------------|--------------|------------------------------|
| Nursing Manager | Moira Farrel | 082 412 2892 | |
| Facility manager | Maria Frederickson | 082 603 1399 | |
| Accountant | Dana Stone | 011 475 4208 | dana@totalcaresa.co.za |

Mount Edgecombe Retirement Estate

Umhlanga

| Mount Edgecombe | Reception | 010 534 8102 | mervadmin@totalcaresa.co.za | | |
|------------------|---------------|--------------|-----------------------------|--|--|
| Facility Manager | Erika Joubert | 010 534 8102 | | | |
| Nursing Manager | | 010 534 8102 | | | |

St Michaels Village

Weltevreden Park - Johannesburg

| St Michaels Village | Reception | 011 475 1497 | | |
|---------------------|----------------|--------------|-----------------------------------|--|
| Facility Manager | Jacques Venter | 011 475 1497 | stmichaelsadmin@totalcaresa.co.za | |
| Nursing Manager | Dawn Meyer | 011 475 1497 | stmichaels@totalcaresa.co.za | |

Waterfall Hills

Sunninghill - Johannesburg

| Waterfall Hills | Reception | 011 260 6845 | |
|------------------|--------------------|--------------|----------------------------------|
| Facility Manager | Maria Frederickson | 011 260 6845 | waterfalladmin@totalcaresa.co.za |
| Nursing Manager | Renee Richards | 011 260 6845 | waterfallhills@totalcaresa.co.za |